



SYA Recreation
Coaches
Meeting
U7-U19

SPRING 2024



SYA Soccer – Club Vision/Mission/Philosophy

Vision

Maximize each players potential as young people and players.

Mission

To have a soccer organization that is committed to promoting and providing a safe, enjoyable and top-level experience for our all of our players at every level of the program pyramid.

Philosophy

We will strive to have our teams and players have the highest order of sportsmanship in our sporting play. Playing high quality, possession oriented, creative, skill full attacking soccer, played the right way will be modeled and promoted by all leadership; coaches, parents, club board members, referees, players. Individual development in each player is the key.



The road to success... “The Vision of Development”

**IMPORTANT
DATES**

MARK YOUR
CALENDAR!

Event	Date
Coaches Meeting – u7-u19	Wed. March 13, 7:30pm
Practices can start	Thursday March 14
Opening Day – Rec. u7-u12	Sat. April 6
Opening Day – Rec. u13-u19(SFL)	Sat. April 6
Opening Day – Rec. u4-u6	Sat. April 13
Pictures held at SYA Park	Sat. April 13
In-house Tournament u9-u12	Sat. June 1 and Sun. June 2
All-Star Tournament	Sat. June 15 and Sun. June 16
* NO games – Sat. May 25, Sun. May 26	

Club Structure

SOCCER BOARD	
SYA Soccer President	Neil Kronimus
SYA Soccer Vice President	Kristen Elder
Recreation u13-U19 Commissioner	Lisa Schilling
Recreation u9-u12 Commissioner	Ed McCarthy
Recreation u4-u8 Commissioner	pending
Referee Commissioner	Dave Kwieraga
Secretary	Judy Crumpler
Treasurer	Brian Hunt(SYA)
SUPPORT	
Administrator	Beth Bogemann
Director of Operations & Director of Coaching	Rob Olson
Equipment Coordinator	Cara Burgess
Free Play Coordinator	Jim Richards
Adult Pick games Coordinator	Jim Richards/Neil Kronimus

Age Group	Coordinators
U13-U19 Boys and Girls	Lisa Schilling
U11/U12 Girls	Dorothy Owen
U11/U12 Boys	Ed McCarthy
U10 Girls	Lori Yi
U10 Boys	Jamie Hoover-Haney
U9 Girls	Meghan Rubio
U9 Boys	Rebecca Yoo
U8 Girls	Lori Yi
U8 Boys	Mari Estrada
U7 Girls	Julia Hoglund
U7 Boys	Cesar Lopez
U6 Co-ed	Beth Bogemann
U4/U5 Co-ed	Beth Bogemann

Communication – Recreational

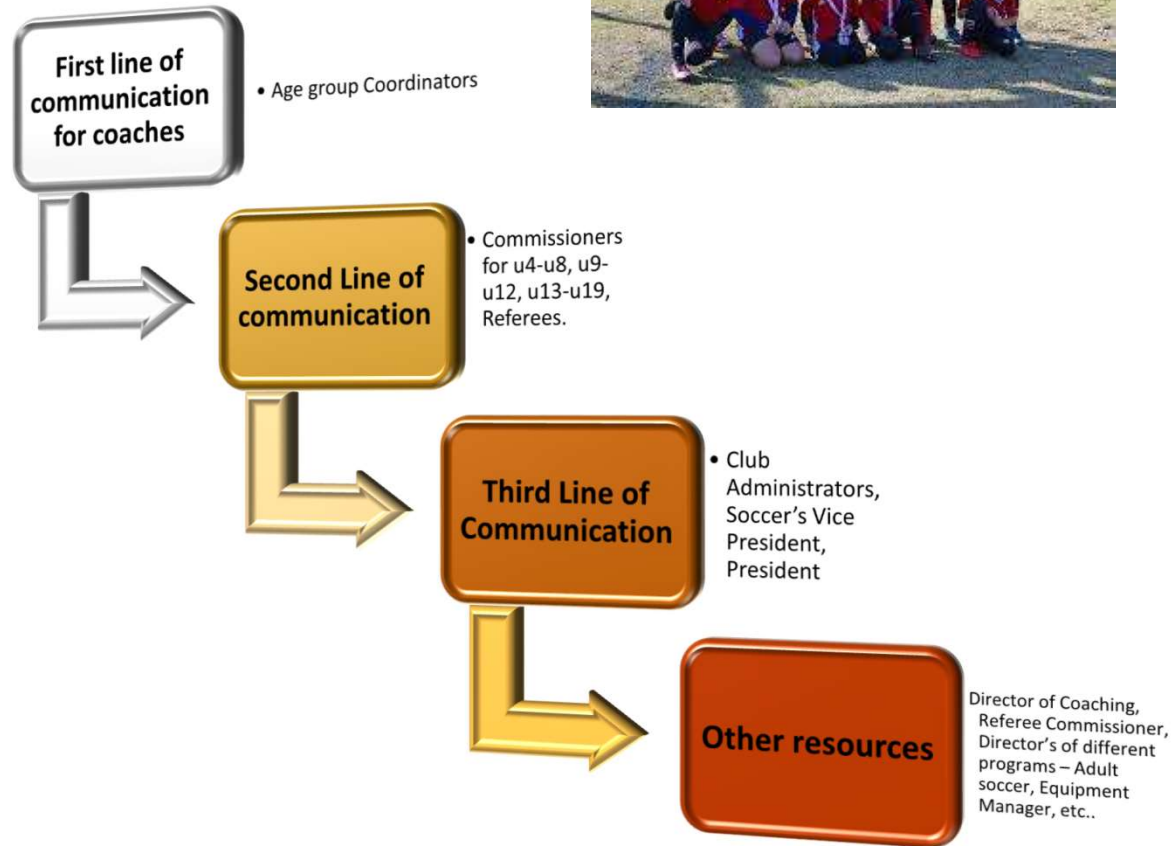
- SYA wants to be a helpful resource for all their Recreational Coaches.
- Our website contains a lot of information that parents, coaches can obtain answers to their questions.
- We have many volunteers that support the coaches.

SYA Soccer office – communication resource. Phone-703.539.8630

SYA Address: 5950 Centreville Crest Lane, Centreville, Va 20121.

Mailing address: P.O. Box 471, Centreville, Va 20122

SYA website – syasoccer.org



Your Responsibilities as an SYA Coach

Communication

- Make sure parents are aware of practice and game schedules, and to have their kids at the fields on time and prepared to play
- Emphasize appropriate spectator behavior: only positive comments, and zero communication between spectators and game officials
- Communicate cancellations and field closures
 - Hotline for Field Closures - **703-644-8046**
 - Hotline updated weekdays by 3:30pm and weekends by 7:00am

Game Day Field Management

- Turf fields – first and last coaches of the day should set up/put away corner flags
 - Corner flags are in storage sheds near the fields; the shed combinations are all **7000**
 - SYA Park main gate combination is **3362**
- Ensure spectators are not between fields, on the same sideline as coaches/teams, behind goals, or within two yards of the sideline
- Trash – after every game coaches should check their bench area and have their players pick up all trash and equipment

Game Management

- Ensure players are ready to play – wearing shin guards, no jewelry, no outerwear over their SYA jerseys, etc.
- Ensure max and min participation requirements are met
- Make no comments to the game officials regarding their calls or no-calls; **it is not the responsibility of the coach to explain rules to the officials or let them know when they think a bad call was made**
- Monitor player behavior and take corrective action regarding overly aggressive play, excessive celebrations, and breaches of sportsmanship
- Whether we are keeping score (U9 and up) or not (U8 and below), keep the games fun for both teams; if one team is dominating, adjust number of players and your approach
- Work with your opposing coach to support the game officials and keep the game fun and safe for all participants

Administration

- U9 and up – Both coaches report scores to your age group coordinator within one hour following your game
- Report any issues (behavior, facilities, conflict) to your coordinator – we'd much rather hear about an issue from you first before we hear about it from a spectator or game official

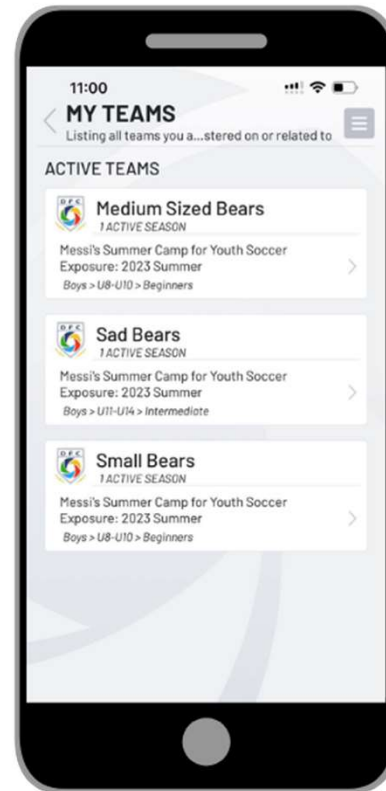
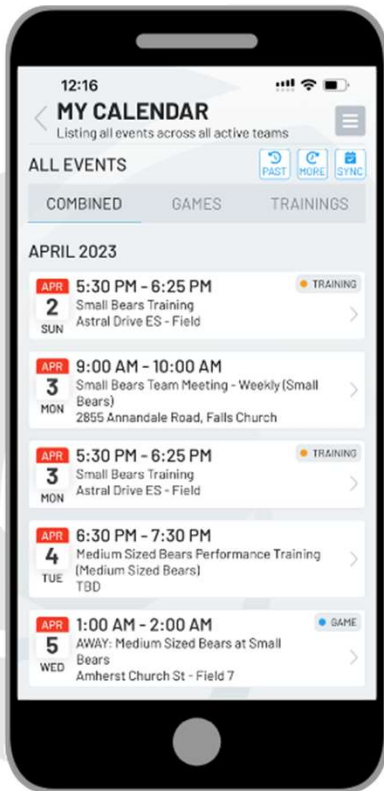
Positive Sideline Behavior (PSA)

<https://www.youtube.com/watch?v=iNC4oGDUI1k>





DemoSphere App



Coaches Clinics and Training

In-House SYA Coaches Clinic – Sat March 16th from 9:00-11:45 AM at SYA Sports Park

- Who: All coaches, U7-U19 should attend
- Field session: come dressed to play, no kids
- Bring a ball and snack
- Focus on teaching proper technique

US Soccer Grassroots In-Person Training for 11 v 11 – Sat March 23rd

- 9:30-11:30AM – Classroom Training at Valor FC Office
- 2:45-4:45PM – Field Training with players at SYA Sports Park
- 4 hours of Professional Development Institute (PDI) training credit

US Soccer Grassroots In-Person Training for 9 v 9 – Sun April 14th

- 12:00-2:00PM – Classroom Training at Valor FC Office
- 2:45-4:45PM – Field Training with players at SYA Sports Park
- 4 hours of Professional Development Institute (PDI) training credit

Virtual On-Line Training at www.usoccer.com

- STEPS: 1. click coaching. 2. click Learning Center 3. click Coach Education 4. click Free Intro course. 5. Register for a course.
- The cost is \$70.00 and SYA will reimburse you for taking the course or we get a code so you can take the course without paying





Coaching Development

- **Website** – Library of Lesson Plans, videos of training.
- Go to syasports.org, click soccer – go to coaching education section.
- Passcode – SYASoccer!

- **Learn from other coaches**
- In our club we have some very experienced and talented coaches who are more than willing to help other coaches develop. Ask to practice next to another coach that you can learn from.

- **Watch high level soccer**
- Have your soccer coaching notebook and watch a game and take notes on some soccer situations that you think your players could implement.
- ESPN + and other tv stations have MLS, Spanish league, Holland league games and other countries league games are on tv.



**Reminder – DO
NOT
UNDERESTIMATE
YOUR PLAYERS in
their ability to
LEARN.**

Player Clinics and Training

Valor Rising Program

- Who: Interested U7 and U8 Players – Supplemental program in addition to SYA rec soccer season
- Link: [REGISTER HERE](#)
- Dates: Mondays: April 1, 8, 15, 22,29 and May 6
- Location: Sully Highlands Park #1
- Times:
 - Boys 5:15-6:15PM * Girls 6:15-7:15PM
- Cost: \$95
- POCs:
 - Boys - Abdul Mohsini: amohsini@virginiavalorfc.org
 - Girls - Craig Scott: craigscott@virginiavalorfc.org



SYA Free Play

- Who: U7-U12 Players looking for more opportunities to play
- Dates: Mondays: April 8, 15, 22, 29. May 6, 13, 20.
- Registration invites go out weekly to all registered players. Parents must sign up on Tuesday for the following Monday free play date.
- Director of the program will be there to organize and let the players know what field they should go to play on.

SYA Goalkeeping Clinics

- Who: u8 – u11. Time: 5:30pm-6:30pm.
u12-u16. Time: 6:40pm – 7:40pm.
- Dates: April 12, 19, 26. May 3, 10, 17, 24.
- Field: SYA Park – 6626 Bull Run post office road, Centreville, Va 20120

All-star Competition – U8-U19 teams

- Coaches send nominations into coordinators by April 15th using the nomination form
- SYA has done extremely well in all-stars over the last five seasons.
- One of the main reasons that our SYA all-star teams have fared well is that recreation coaches have done well in nominating players that are ready to meet the next level of play mentally, technically and tactically.
- Nominated players do not automatically get an all-star invite.
- Director of All-star program – Rob Olson
- All-star coaches U8-U10 – Travel coaches, College players, strong leaders from our HS travel player teams. All-star coaches U11-U19 - Recreation coaches that are experienced and have a US Soccer License.

