U10 RECREATIONAL SOCCER MODIFICATIONS TO THE IFAB 2023/24 LAWS OF THE GAME

Updated: September 1, 2023

| Law 1 | The Field of Play | - Field Dimensions: $55-65$ yards long by $35-45$ yards wide <br> - Center Circle: 8 -yard radius <br> - Goal Area: $4 \times 8$ yards <br> - Penalty Area: $12 \times 24$ yards <br> - Penalty Mark: 10 yards from goal line <br> - Penalty Arc: 8 -yard radius from penalty mark <br> - Corner Arc: 1 -yard radius <br> - Corner flags are not mandatory; substitute items must be safe if used <br> - Goals: $61 / 2 \times 181 / 2$ feet (maximum) <br> - Build Out Line: equidistant from halfway line and goal line; not marked on field. Any items used to indicate build out lines must be safe, outside the field of play, and not inhibit duties of the match officials |
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| Law 2 | The Ball | Size 4 |
| Law 3 | The Players | - Standard number of players is $7 \vee 7-6$ field players plus goalkeeper <br> - Both head coaches can mutually agree to play $8 \mathrm{v} 8-7$ field players plus goalkeeper. Referee must be informed before kickoff if playing 8 v 8 <br> - Minimum of 5 players to start/continue game |
|  | Grace Period | 10 minutes after scheduled kickoff time to field a minimum of 5 players |
|  | Substitutions | Unlimited at any stoppage in play (with referee's permission) |
|  | Goal Differential | 4 goals - trailing team add a maximum of 1 field player; leading team has option of removing 1 field player |
|  | Participation Rule | - Every player must play at least $50 \%$ of game <br> - Goalkeepers can play no more than $50 \%$ of game (as a goalkeeper) |
| Law 4 | The Players' Equipment | Uniform numbers are not required |
| Law 5 | The Referee | - Head coach is responsible for behavior of all players, team officials, and spectators <br> - Referees can show yellow/red cards to coaches/team officials but not to spectators |
| Law 6 | The Other Match Officials | - No Assistant Referees are required (or other match officials). If used, other match officials have all responsibilities and authorities under the Laws of the Game <br> - If requested by the referee, home and away team coaches will provide "club linesman" to assist referee with ball in/out of play decisions <br> - Club linesman may indicate possession/direction of restart at referee's discretion |
| Law 7 | The Duration of the Match | $-2 \times 25$-minute halves (no added time) (total game time $=50$ minutes) $-5-10$ minute haltime - Referees can incorporate $1-3$ minute water/hydration/cooling break in any half |
| Law 8 | The Start and Restart of Play | Opponents must be at least 8 yards from ball on kickoff |
| Law 9 | The Ball In and Out of Play | No SYA modifications to the Laws of the Game |
| Law 10 | Determining the Outcome of a Match | - All eligible players may participate in a penalty shoot-out (players sent off (red card) are not eligible) <br> - Coaches and non-kicking players may remain with their teams on the field during a penalty shoot-out (at the referee's discretion) |
| Law 11 | Offside | No offside between halfway line and build out line; offside only judged from build out line to goal line |
| Law 12 | Fouls and Misconduct | - All female players may use their hands or arms for chest protection <br> - Any player may use their hands or arms to protect their head, face, or neck from impact with the ball (at referee's discretion) |
|  | No Heading Rule | Players cannot play the ball with their head <br> - If action is intentional, restart is an indirect free kick to opponent <br> - If action is unintentional or accidental, restart is a dropped ball to team that played ball before head contact (drop to goalkeeper if inside penalty area) |
|  | No Sliding Rule | - Field players cannot slide on the ground (intentionally leave their feet) for any reason <br> - Exception: Goalkeepers can make sliding saves in their own penalty area if there is no danger to any player (including the goalkeeper) |
|  | Build Out Rule | - Goalkeepers cannot punt or drop kick ball; ball must be kicked, thrown, or rolled into play <br> - Opponents must move behind build out line when other team's goalkeeper has possession of the ball |
| Law 13 | The Free Kick | Opponents must be at least 8 yards away (unless standing on own goal line between goal posts) |
| Law 14 | The Penalty Kick | No SYA modifications to the Laws of the Game |
| Law 15 | The Throw-In | No SYA modifications to the Laws of the Game |
| Law 16 | The Goal Kick | Opponents must be behind build out line for kicking team's goal kick |
| Law 17 | The Corner Kick | Opponents must be at least 8 yards from the corner arc |

