

## SYA CORONAVIRUS 2020

**Dated: 06-25-2020**

### KEY FACTORS FOR ALL "COACHES" AS WE RETURN TO PLAY

*This is a working document and will be changed as needed.*

To ensure the safety and health of all of our SYA participants, we need to ensure that we, as coaches, officials and leaders of our youth, are working together in unison as directed by the CDC, the Commonwealth of Virginia and Fairfax County guidelines. While we have a 6 Step Plan that all parents, volunteers and participants are to adhere to, we felt it important that we outline some key critical activities that all our coaches, officials and leaders can follow to support our return to play. Our goal is to simplify the challenges that we face in this "new normal". Below are what we are determining as critical / required items.

- **Screening** – it is a requirement of the Virginia Guidelines in both Phase 2 and the upcoming Phase 3, that we screen every participant before stepping on a field. This requires every parent to sign a document that says they have checked the child's temperature and answered 5 specific questions that will allow them to participate. Each coach is to utilize the screening spreadsheet to ensure compliance and turn in their spreadsheet after every practice or game.
- **Preparation and Hygiene** – each coach/official/volunteer is to be prepared and ensure their players are prepared to play. Each player must have their own equipment, water, snacks and hand sanitizer. Practicing good hygiene while on the field is how we lead.
- **Physical Distancing (Separation)** – each coach/official/volunteer is to ensure that participants are designated areas for their equipment, resting areas so that they maintain 10' separation where practicable.
- **Live training and after** – every coach/official/volunteer must do their part to keep our kids safe. Our "new normal" requires that we constantly work with our players and their "desires to be social". Hugs, high fives, chest bumps, etc. must be discouraged and as leaders we need to constantly remind and explain why we cannot do these things. Disinfecting and cleaning when training/game is completed is important.
- **Face masks** – It has been proven that wearing face masks is one of the best methods of preventing the spread of the disease. Face masks should be worn by adults when interacting with participants and parents before and after practices and games. Coaches need not wear masks during the training sessions so long as they maintain 10' of separation with the participants. When talking to players either individually or in a group masks should be worn if they are not able to keep the physical distance.