

08/31/2021

All Commissioners,

Please note that as discussed in our last Board meeting, we are providing you with directions from the CDC and VA State guidance as well as Fairfax County Health Department on what to do when someone is sick.

- Per SYA Return to Play Guidelines, and as a reminder, players who have a fever or are ill should not attend any in-person session
- If a player, coach or official has known exposure to a person who has been tested positive for COVID-19 or a known exposure to a person who has been otherwise diagnosed with COVID-19, has symptoms consistent with COVID-19 or has been diagnosed with COVID-19 (by a health professional or through a positive test), they are to notify their Commissioner and the Commissioner is to advise the Executive Board of Directors – immediately, by email to CEO@SYASPORTS.ORG. Those individuals should immediately “pause” and not attend any further sessions until the organization directs otherwise. They should also seek advice from their medical professional.
- COMMUNICATION: If a player/coach/official has been diagnosed with COVID-19 (by a health professional or through a positive test), has attended a team in-person session, and has notified the organization leadership as directed, the team Coach will notify the entire team of the exposure while protecting the confidentiality of the individual's identity via the following email:

Parents,

All practices and games are “PAUSED” as we have just learned of a COVID issue within our team. Due to privacy issues, we will not be able to share specifics. Following SYA, Fairfax County Health Department and CDC guidelines, our team will be put on pause for 24-72 hours while the Health Dept does contact tracing. SYA will keep you posted of any further issues/concerns.

(Coach signs)

- **Based on the guidance from both the State and CDC, those identified as having known exposure or have tested positive may return to play after 14 days OR after ALL the following criteria has been met (whichever is longer):**
 - Fever-free for at least 72 hours following symptoms
 - AND: other respiratory symptoms (cough, shortness of breath) improving
 - AND: at least 10 days since symptoms first began

- AND: a negative test result is completed by a medical professional

SYA will make the decision to resume once we are informed of the above.

- Per the CDC, "exposure" is currently defined as close contact (<6 feet) for 15 minutes or more.

Reference: <https://www.cdc.gov/coronavirus/2019-ncov/php/public-health-recommendations.html>